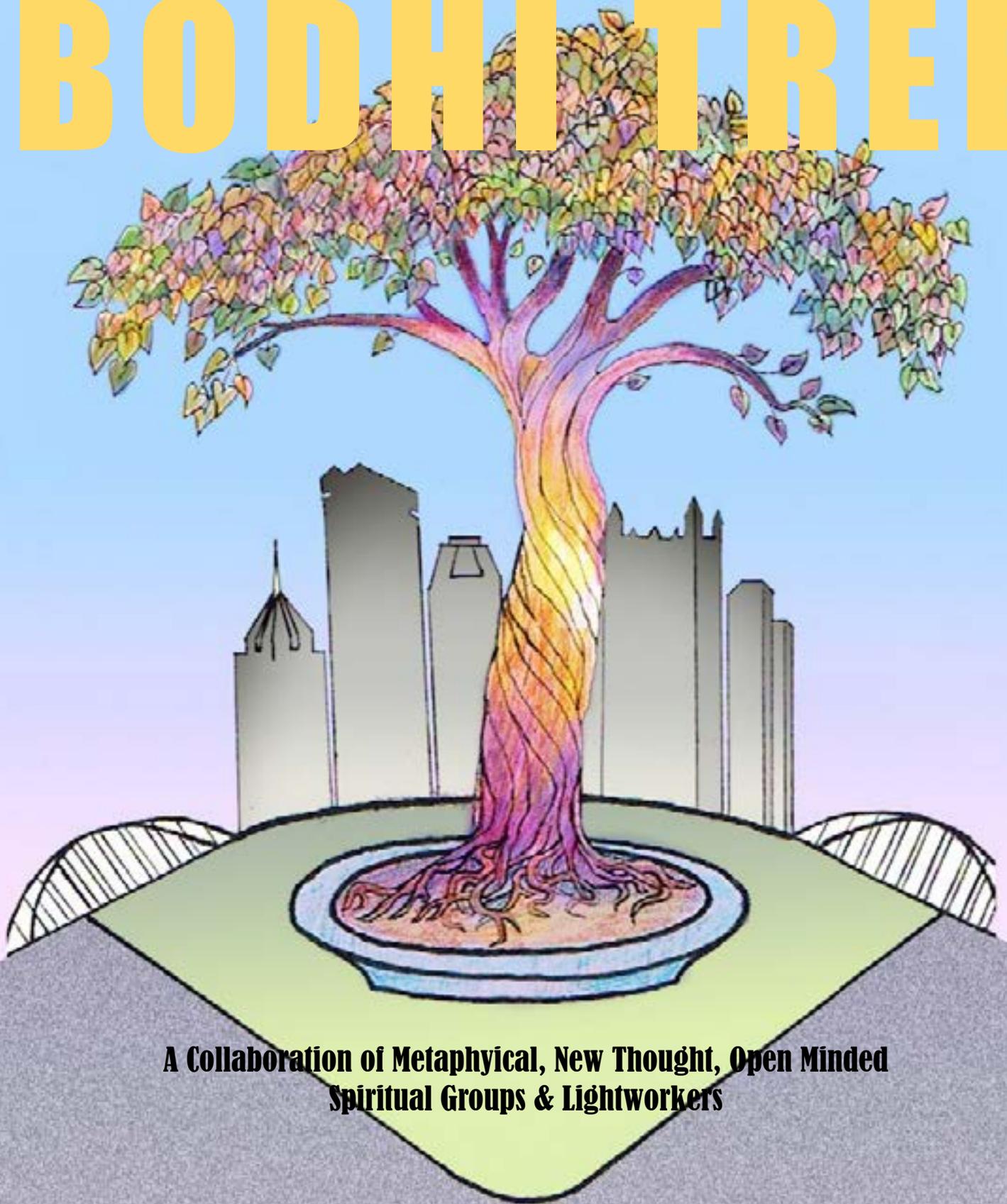


# BODHI TREE



**A Collaboration of Metaphysical, New Thought, Open Minded  
Spiritual Groups & Lightworkers**

**Spring 2017 issue**

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Editor's note:

Thank you for reading and sharing!  
Bodhi Tree Magazine is published online  
5 times per year

<http://www.heartofpittsburgh.com/bodhitree>  
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# Are you a seeker?

Here are local places to go, things to do, people to meet! Lots of groups!

[HeartofPittsburgh.com](http://HeartofPittsburgh.com) sponsors the Event Calendar and the Bodhi Tree Magazine. This is a non-commercial venture. The mobile calendar is <http://tinyurl.com/peaceburgh>



Bodhi Tree Magazine is a Collaborative. It is living, breathing and coming together of Spiritual New Thought Groups and Light Workers in the Greater Pittsburgh Area.

See past issues at our web site:

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[facebook.com/groups/BodhiTreeMagazine/](https://facebook.com/groups/BodhiTreeMagazine/)



Located in Carnegie  
<http://www.cslgreaterpittsburgh.org>

**Meetup**

MEETUP REMINDERS

The Pittsburgh Metaphysics Meetup Group

<https://www.meetup.com/The-Pittsburgh-Metaphysics-Meetup-Group/>



**unity** Center of Pittsburgh  
A positive path for spiritual living

<http://unityofpittsburgh.org/>

**SITE**  **NITE**

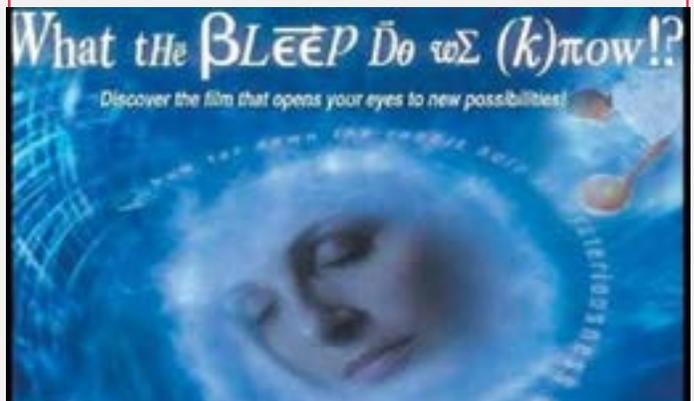
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**1st Spiritualist Church** of Greater Pittsburgh

[1stspiritualistchurch.org/](http://1stspiritualistchurch.org/)



**What the Bleep & Institute of Knowetic**

Science Lee Robinson, coordinator

Info: 412-400-3779

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# CHOICES,...

by Paulette Glover

[www.pauletteglover.com](http://www.pauletteglover.com)

*One's philosophy is not best expressed in words; it is expressed in the choices one makes... and the choices we make are ultimately our responsibility.*

~ Eleanor Roosevelt

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People have a tendency to categorize their choices into big, not so big, or small. When in reality, every choice is a big one with consequences that influence your spirit. Holding the door for the person behind you is as important as your choice of career, who you marry, or where you decide to live. Recognizing that each choice has a vibrational cost, categorizing choices to lift your spirit becomes easier.

Choose to live a life of integrity. Choose to make decisions in alignment with your belief system, not to be swayed to please others, especially at someone else's expense. When you make a promise, make sure you keep it...your heart and soul will know if it's been betrayed. Even if you grew up in a house where integrity did not abide, don't blame your parents. Make the choice to live your life in the home of honor and truth.

Choose to leave a legacy of wisdom. 'Life isn't fair' is a just statement. There isn't anyone on this journey who has ever been completely free of obstacles, grief, or pain. When life

gives you hurt, you have choices. One choice would be to wallow in the past, re-telling your story to each new person you meet, year after year, singing the 'woe is me' tune. Yet, another choice would be to appreciate the wisdom of the lesson learned by living a full life with discernment and insight. By choosing to let go of the drudgery of the past, you create a legacy of wisdom and hope.

Choose to release the fear of the unknown. God designed humans with eyes and feet forward, not to re-step in the crap left behind. The past moves slowly, creating experiences and memories to hold onto, either as a victim, filled with the fear of taking any chances, or as a person of strength, using life's lesson to raise your vibration to that of a wiser soul, creating endless dreams of possibilities.

Choose to live in the newness of each day. No regrets. Choose thoughts and words with care. Every thought, every word, has a vibration with a frequency attached to it, influencing your chakra sys-

tem and affecting each of your energy fields. Choosing toxic words to place blame, to hurt someone, or speak an untruth, shifts the entire energy field of consciousness. Whereas, choosing words that express kindness, offer thoughtful encouragement or a sincere compliment, goes a long way in lifting celestial vibrations. When you give your 'word', either to yourself or someone else, make sure you keep it.

Choose to give gratitude for the blessings in life. Not for the 'stuff', but for the Grace of Being. As you ponder each day, think about your choices, for as Thomas Merton wrote: This day will never come again.



# TRUMP & EVOLUTION

by Michael R Weir CH.t.

<http://www.mrwhypnotherapy.com/meetme.html>

The date is April, 30th 2017 and Donald Trump is the president of the United States. There are many people unhappy that Trump is president. Since the primaries began they have stood in judgment of him and his actions.

Through what he has said and done many people who have always been prejudiced now feel free to express how they really see others. There are many people who are living in fear of war with North Korea or other countries. The dislike, and in many cases, the hatred between Republicans and Democrats is featured in the news daily. Did I miss anything? Now are you ready to stop thinking with your “ego” and start learning the spiritual truth beneath it all?

The truth is never found by looking at the surface of things. You must be willing to go on a journey so far within that you question everything you think you know...

The truth is this: unconditional love always brings up anything unlike itself to be healed.

The collective consciousness on the planet has been evolving quickly. We have been moving towards unity, unconditional love and remembering our true home at one with God. On our way to the eternal experience of Pure Non Duality, or Oneness, we begin to feel the slightest knowing



deep within us of a love without conditions. A force so powerful that there is nothing in duality that can make this unconditional love diminish, or change in any way. For this unconditional love is the only true constant vibration in all realms of duality, and pure non duality.

People don't seem to realize that hidden things can never be healed. This is why what is happening right now in 2017 is so very important. The time for people to bury their head in the sand is over. All the judgment from everyone on all perceived sides is being brought up to the surface to be seen, forgiven, and healed.

The lines of separation that have existed for so long are now being

seen for what they are. They too must be forgiven and healed for us to move forward.

What you do next will guide the rest of your decisions in this lifetime...

What will you do with this energy that has come up within you to be healed? Will you choose to forgive and release, evolve and move forward? Or will you feel the pain from holding onto judgments and be lost in past pain and suffering?

I'm going to choose to experience the light of forgiveness that leads to awakening to the truth of who we truly are on the deepest level.

I extend my hand to you as I say “Will you walk with me?”

# WHERE WE INHABIT **SPRING**

by **Suzanne Bishop, MS**

Winter's bare scaffolding of plants and trees have emerged as breathtaking sculpture emitting zones of green waves inviting us to embark on a riotous journey of abundance.

Riding down Forbes Avenue, I get a glimpse of Frick Park from the car. "Such abundance," I declare from the side angle of my mouth. As if overnight, an ocean of green thundering buds appeared out of nowhere. I smile.

Nowhere is the naturally inspired statements that "We are alive", "We are free", "We are worthy" seem more true than to witness the natural bounty of a green spring.

Just wondering out loud if that raw energy of spring—to literally spring forth naked in all of our glorious creativity—can be consumed and inhabited by us humans to attract abundance into our lives.

"Yes, I believe it can," whispers my muse.

The established ideas of spring: renewal, starting new projects, growth, new ways of doing things are there for the taking with each new glimpse of the undulating green appearing everywhere. Even the increasing daylight hours emit the sounds of abundance. So, be

inspired by your senses to create the life you envision, go forward unencumbered like the seeds do.

As Nike explains, "*Just do it*". So, let go of the shackles of self-doubt, expectations, seeking perfection and just go forth already seeing yourself as a "winner". Perfecting manifestation skills can be a simple endeavor, if you don't try to complicate it all. Completely embrace the energy of this season, let it speak to you, let its story unfold and sleep in its arms knowing that you will go forward and shine.

### **Inspirational Activity:**

The Aces in Tarot represent the symbols of spring very nicely, as well as the Major Arcana card the Sun. Get your deck out, pull out all of the Aces for the suits, and also the Sun card. Meditate for about a minute, shuffle the cards from the ace suit in your hands.

### **Ask yourself:**

To which creative source do I belong to right now? Which is my ally? Do I belong to my heart, my mind, my creative fire, or the material world?

Place a card onto the table and turn it over. Turn a second card over. Tune mentally and emotionally into the first card you turned over, for that is your path right now to abundance

however that plays out in your life. Now let the second card speak, for that is an aspect of the blockage that prevents you from fully realizing your creativity and goals. Lastly, put the Sun card out to be placed above the two aces. Let this card speak to you, about the inspirations for childlike wonder, and faith that all is working in perfect order.

Bathe in the Sun, for summer is also upon us and time to shine your light on the world.



**An optimist is the human personification of spring.**

—Susan J. Bissonette

Suzanne is a local and international practitioner of holistic intuitive healings using psychic mediumship and Reiki.

Her practice *Intuit Now* is located in Pittsburgh. Connect with her at [intuitz.com](http://intuitz.com)



photo credit: Rebecca Harmon

## THE ROOTS AND SHOOTS OF TIMELESS TRUTHS

by Christy Semple, RScP

In the midst of this year's lush and beautiful spring, a friend said to me, *"I am so amazed when everything blooms and grows again in the spring. In the middle of winter, the trees and shrubs look so stark and gray that I feel like they are no longer alive."* Her comment reminded me how we can sometimes be fooled by appearances. It didn't look like the vitality of life was going on within the shrubs and trees in the midst of winter, just like sometimes it doesn't look like the movement of life is taking place in situations around us. Perhaps we have been looking for a new job for a prolonged period of time, or waiting for the payment of money due to us and nothing seems to be happening.

Despite appearances to the contrary, life is going on around us in all situations every moment of every day. Sometimes it helps to remind ourselves that just as the trees and shrubs are always connected to the flow of water and nutrients through their roots, so too are we always connected to the energy and essence of life. The

Allness and Ever-Presence of the One Mind is a root, foundational and timeless truth of metaphysics. It's an idea for us to always go back to, particularly when the action, vitality and movement of life doesn't appear to us to be present. If we are feeling the challenge of a lack of energy in our physical body, for example, we can go back to this idea of Allness and Ever-Presence and affirm that the Vitality and Energy of Spirit is everywhere present in Its Allness and so is present in and through us. It is so, even when it doesn't appear to be.

Another root of timeless truth is the unity of all life in the One Mind and the connection of all people and all happenings. In this unity, the shrubs and trees spring forth with flowers and blooms at the perfect time to offer food and shelter to the returning and awakening creatures. This connection of all life is always there, in all ways and in all days, even when it doesn't appear to be so. So when you have set your intention for a new job and it doesn't appear to be happening, know

that this timeless truth of unity is the essence of the situation and that there are connections to people and circumstances going on "behind the scenes" that you don't see, and there is movement and change going on that connects back to you, like the pieces of a great and perfect puzzle.

So, the "shoots" of timeless truths spring forth in our lives as the outpicturing of our intentions, emerging from the root truth principles of the Allness and Ever-Presence of Spirit and the unity of all life. Perhaps small at first, but a reminder nonetheless that Infinite Energy and Wisdom are always at work to support our greater good.

*Christy is a licensed practitioner of healing prayer and Spiritual Director at:*  
[Center for Spiritual Living](#)  
[Greater Pittsburgh](#)

# You are Divinely Transformed

by: Reverend Patti Perhacs

Minister and volunteer, spiritual director at the [Unity Center of Pittsburgh](#).

Who feels fully dedicated to their spiritual development? It's easy to find ourselves distracted from our true purpose on our life's journey. But, like any training, the more consistent we are to our practice the more likely we are to live consciously in an awakened state, anchored in the one loving, creative force.

A weight trainer understands the need to strengthen and maintain their core for balance and stability. Likewise with our spiritual body. It, too, takes conditioning. Through dedication and effort, we sense shifts in personal strength, confidence and peace, do we not? When we fall away from our practice, we find we land mostly out of balance and in to disharmony. It's actually quite that simple isn't it? Many on the path know this to be true.

All creation requires setting our intention, keeping focused and doing the work, or in this case, putting a half an hour or so a day into our dedicated practice.

Like the weight trainer, we include different exercises in our program to keep us interested and to give ourselves what is needed

at a particular time. Our practices can include quiet contemplation followed by prayer, particularly good for when we are feeling sad or angry; concentration exercises (ex. staring at the flame of a candle) when we are feeling scattered or overwhelmed; or meditation, complete with intention, deep breathing, chanting and releasing of the mind. By turning away from the physical world we exhale and enjoy the freedom of the spiritual world. When we commune with Higher Mind, we can be open, vulnerable and connect on a deeper level of understanding and experience with God.

Master Jesus, who through spiritual study and practice became the Christ, taught us the importance of stepping away from it all, to leave the physical realm and commune with God. For in this place of God within, time after time, we find it calms and soothes, energizes and enlightens, forgives and heals. This One Creative Power never fades, never ceases or fails.

Honor your path, honor the work you have done and all that is yours to do. Experience the joy in your journey as you

fully attune to the present and walk hand in hand with the Masters, inviting Divine Mind to shine forth through you and as you. As an instrument of God, through directed intention, affirmation and belief, wisdom will illuminate every aspect of your life.

With each thought, prayer, affirmation and meditation, we step forward on our path to greater awakening and enlightenment, spiritual evolution and personal transformation.

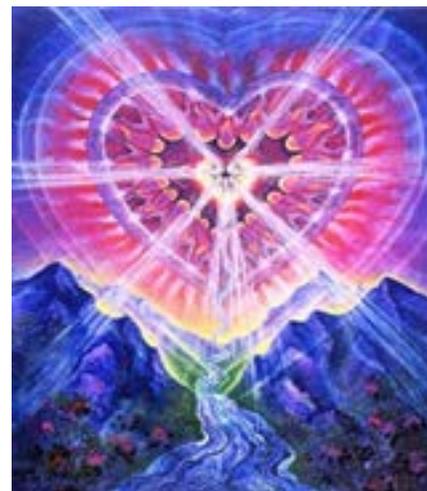
Keep moving forward my friend. You are strong, you are power, and you are Divinely transformed.

Namaste. AUM. Peace.

Reverend Patti

## Affirmation

I am ready and willing to embody the beauty and light of the Master within by living my highest truth.



**“Whatever is hurtful to you,  
do not do to another person.”**

~ Rabbi Hillel

Career advice, job coaching, resume revisions: all great options for a career in freefall, but did you know that applying something as simple as **The Golden Rule** can make a significant difference at work?

Here are 4 steps to help reconnect with this ancient wisdom in any workplace.

### **Don't be a Tattle-Tale**

Running to your manager (or others) tells people more about YOU than the person you are reporting on. It's not the kind of message you want to send if you hope to move up in the world. Take the high road and leave the tattling where it belongs (*in kindergarten*). We all make mistakes. If you tell on someone, count on that same thing happening when you mess up. When you feel the urge, apply the Golden Rule and give someone else the break you'd want in the same circumstances.

### **Don't Nitpick**

No one likes an uninvited critic. Don't appoint yourself to watch others' work unless it's your job. As with tattling, you probably don't want someone watching you. Pay attention to *your* tasks, achieve *your* goals. If you have enough time to evaluate others,

you might not have enough work, and that's risky for other reasons. When the urge to nitpick a co-worker arises, just say no.

### **Keep it positive**

I have coined the term TOP - Ticked Off Professional: someone who is always ticked off, all the time. If this is you at work, people are going to start avoiding you in more places than the break room. Yes, things sometimes go wrong; people make mistakes, say silly things and even make messes that we must clean up. It has been said that “to err is human, to forgive, divine!”

Work on being KIND and let go of the need to punish. Adopt an attitude of helpfulness instead of punishment if you see someone messing up. We show the world who we are with each word and action. When our impulse is to broadcast others' mistakes instead of lending a helping hand, we add unwritten lines to our resume. Pay attention to what you are adding to yours.

### **Give others a break**

Random Acts of Kindness are great, but where's the benefit if you can't offer those around you the same goodwill?

Everyone has experienced a time

when everything went wrong. You got a flat tire, were late for an important meeting, bounced a check and lost your grandfather's antique watch. On weeks like this, we appreciate it when someone is kind to us. Why can't we turn that around and be that (*kind*) person for others?

We don't know what others are going through. Let's make an extra effort to reciprocate the compassion we appreciate. And like the negative behaviors noted in #3, these acts of kindness are also unwritten lines on our resumes - lines that help our careers instead of hindering them.

We reveal who we are with each action and behavior, so when our careers aren't working, the first place to look is in the mirror.

Try the Golden Rule. Stick with it, be patient and you'll begin to see changes for the better in your career.



## **The Golden Rule @ Work**

by Rebecca Harmon

Rebecca Harmon is the author of 2 books on job satisfaction that are based on universal wisdom principles. [Discover Your Path: a map to job happiness](#) and [7 Simple Steps: job satisfaction - any place, any time](#) are available on Amazon.

Did Plato write his “The Allegory of the Cave” while gazing in a crystal ball that foretold the future?

How like a TV screen the cave wall seems in this picture.

Did the great philosopher have an inkling that modern man had the potential to become even more enslaved by projected images?

If he wrote a current updated version of the allegory there would be no need of prisoners.

After continued and increased exposure to entertainment century after century, we’re all easily held captive by the drama of adventure, love, suspense, horror, comedy, gossip projected on our screens.

Ours is a more perfected, insidious version of Plato’s cave.

I barely remember the whirl of names and schools of thought when we studied the ancient Greek philosophers in high school. But then? Plato’s Cave happened. That made me sit up and pay attention.

It intrigued me like a mystery novel. Bound prisoners are forced to watch shadow images projected on the cave wall in front of them. These images are created by concealed puppeteers who parade large puppets behind a bridge. A fire behind the puppets is what projects the shadows on the wall. This puppet show is the prisoners’ only narrow sense of reality.

One of the prisoners escapes and crawls up a tunnel and enters into the true light of day. He’s astounded by what he sees - the sun, grass, trees, animals - nothing is like what



## Plato's Cave (Version 2.0) by Sandy Milczarek (author, publisher)

Visit Sandy's blog: [sandymilczarek.wordpress.com](http://sandymilczarek.wordpress.com)

he experienced in the shadows of the cave. He must go back and tell the others.

Upon his return, he tries to explain what he saw, but no one wants to listen and go with him to see his new wonders. In the cave, they feel safe and unchallenged. Why stir things up?

The questions I had.

How and why were these prisoners held?

What type of puppets were projected?

Most importantly, who were the puppeteers hidden behind the bridge?

What was their motivation?

How were they slanting their version of reality for the prisoners?

“*The Allegory of the Cave*” was written by Plato in a body of work titled Republic (512 a.d. - 520 a.d.) as a dialogue between Plato’s brother, Glaucon, and his mentor, Socrates, who

was also the narrator of the conversation.

The cave allegory was to show the effect of education and the lack of it in human nature. Interesting.

It’s not difficult to make contemporary comparisons with this allegory. One can start watching a movie on the home television, continue viewing on a cell phone or tablet while traveling, and finish up on a laptop. We love watching these projected shadows.

The truth is neglected. For example, modern cave dwellers are not concerned about how that certain politician is going to vote on an issue. They think, ‘Let him or her do the work for me as the shadows on the wall make life easy-peasy.’

It’s time to climb out of the dark cave together. We must ask the questions:

Where is the Illusion?

Where is the Delusion?

Where is the Collusion?

# INDIGO

## Children and Adults

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One of the most popular misconceptions regarding the Indigos is where the name “*indigo*” came from. It is not the color of their auras. The name was introduced by Nancy Ann Tappe who has a disorder called synesthesia, which disturbs the way the brain perceives everyday things. Due to this condition, she was able to notice that many children had a new type of “*indigo*” personality.

Another misconception is that we normally think about the Indigos as children. An Indigo who was a child thirty years is an Indigo adult today. Not only can your children possess Indigo consciousness, it can be you, your spouse, friends or family members.

So who are the Indigos? They are Star Travelers who come to Earth from a Star System called Nihal, with a very specific purpose: promoting consciousness from within the human experience. Based on what I learn from my Indigo clients, Nihal souls have always been here, but they were rare. The situation changed right after WWII when we as humanity needed lots of help. This made many Nihal souls volunteer to come and incarnate on our planet.

The following characteristics of Indigo children, compiled by Lee Carroll and Jan Tober,

can also be applied to Indigo adults:

- They come into the world with a feeling of royalty (and often act like it)
- They have a feeling of “deserving to be here,” and are surprised when others don’t share that.
- Self-worth is not a big issue. They often tell the parents “who they are.”
- They have difficulty with absolute authority (authority without explanation or choice).
- They simply will not do certain things; for example, waiting in line is difficult for them.
- They get frustrated with systems that are ritually oriented and don’t require creative thought.
- They often see better ways of doing things, both at home and in school, which makes them seem like “system busters”.
- They seem antisocial unless they are with their own kind. If there are no others of like consciousness around them, they often turn inward, feeling like no other human understands them. School is often



Irina Grundler  
Spiritual Counselor &  
Energy Practitioner

extremely difficult for them socially.

- They will not respond to “guilt” discipline.

The Indigos I met in my practice incarnated on Earth less than ten times, some even less than three times, so they just don’t have much experience here. Lots of things in our society might not make sense to Indigos. This is okay, they are too “new” on Earth and are not used to our rules. Just understanding why an Indigo is different and that they are on a special mission here puts everything into place and has a huge positive impact on Indigos and their families.

Many Indigos who are aware of being Indigos and of their mission live very fulfilling lives. I met Indigo musicians, teachers, computer guys and even an Uber driver (smile) who live their potential and find a way to contribute to the enlightenment of humanity.

Are you one of them?

[Irina@PathToAwakening.net](mailto:Irina@PathToAwakening.net)

[www.PathToAwakening.net](http://www.PathToAwakening.net)

# SPIRITUAL STUFF TO DO,...

## when you need some nurturing

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There are many times when we all feel a little depleted. There are a multitude of reasons why this can happen, and here are some things that could be helpful in shifting your awareness.

### **Do nice things for yourself**

Pamper yourself. Treat yourself as a loving friend (heck, or even a kind stranger) would treat you. Get into the habit of doing special things for yourself. Make yourself a cup of your favorite, add a dash of love for yourself. Visit the sauna, get a massage or draw yourself a bath filled with scented salts (soak away some of that stress). Splurge a little on some sumptuous lotion. Make yourself a healthy candlelight dinner — a delicious meal in a special setting. Spend some quality time reading or taking a slow walk at the park.

### **Say kind things to yourself**

Tell yourself, “I love you” or “I appreciate who you are”. When you do something well, give yourself a pat on the back. Say, “Great job! I’m so proud of you!” When you’re struggling or feeling low, be supportive by saying, “I’m here for you. You’re not alone”.

### **Set healthy boundaries**

Let people know what you want and don’t want. Tell them what’s okay for you and what’s not. If you have a friend who’s always late and you end up waiting for her and feeling annoyed, tell her how you feel. Be willing to say no (with no apologies) when asked to do things that you know you would not enjoy being a part of,

step away from projects or people that are draining your energy.

### **Stand up for yourself**

Become your own advocate. If someone is disrespectful or hurtful to you, speak up. Find the courage to tell them you don’t want to be spoken to that way. If someone was unkind, hostile or verbally abusive to your child (or friend), you’d stand up for them. Protect yourself in the same way. Find a way to be loving when you stand firm in your truth.



### **Believe in yourself**

You know what your strengths are, so highlight them. If you aren’t aware, start paying attention, or ask your family/friends what they notice. Allow yourself to highlight your uniqueness. Don’t be afraid to feel special internally. Encourage yourself to build on your strengths and support yourself in a loving, nonjudgmental way. Say things like a nurturing parent would say, “You can do it.” “I believe in you.” Become your strongest supporter, coach and cheerleader. We can’t always wait for someone else to tell us the things we might need to hear.

### **Honor your LOLOS**

*(Loved Ones Living On in Spirit)*

Not everyone has family to turn to, but everyone has ancestors and Loved Ones in Spirit. Find a way to connect to them and ask for the clarity, advice, insight or closure you might need to handle your life here on Earth today. Make an ancestor altar where you can display items related to your heritage and photos of those who you have known and loved who have passed out of the physical body. Honoring where you came from is a wonderful way to appreciate where you are today.

For inspiration visit [my pinterest page!](#)

### **Be compassionate with you!**

Have compassion for yourself and your flaws. We are all human and we are all going to make mistakes. Look at yourself through the eyes of love; don’t punish or criticize yourself. Reassure yourself. Comfort yourself. Accept yourself unconditionally. And show that same compassion for your own parents and others, because they, too, are human.

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Connect with me!

**Rev Marjorie Rivera - Kain**  
[www.PittsburghMedium.com](http://www.PittsburghMedium.com)  
[www.facebook.com/PGHmedium](https://www.facebook.com/PGHmedium)  
[www.pinterest.com/aPGHmedium](https://www.pinterest.com/aPGHmedium)

# What is “Disclosure”?

By [Susan Rose](#)

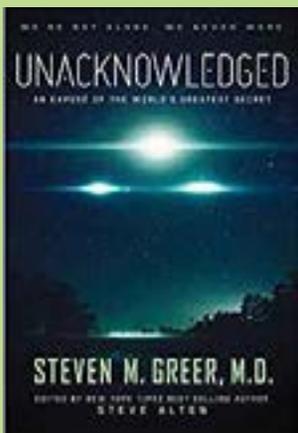
The first definition of “Disclosure” is: “the action of making new or secret information known”.

The new thought /metaphysical/ spiritual community is diverse, yet we have one thing in common- we want to uncover hidden truths. Truth could be etheric, such as the nature of the soul, or physical, such as how were the pyramids made?

For most people in my circles, however, “Disclosure” means revealing the truth about UFOs and the existence of intelligent extra-terrestrial life. The majority of Americans [believe in UFO's](#), but we still would like confirmation that we are not alone in the universe.

Secondly, most of us ask: “Why the cover up?” When we find out, will it be the full truth, part of the truth or even worse, “fake news”? Knowing the truth will set us free, but help with discernment is needed.

A recently released documentary is backed by classified documents and credible whistle blowers. “*Unacknowledged*” is currently available to watch [on Vimeo](#), iTunes, Amazon, Kindle reader and [SiriusDislosure.com](#)



If you are a light worker, you can help yourself and others adjust to a new paradigm. Are we ready to step up to become cosmic citizens? There's [an app](#) for that!



## DISCLOSURE: THE MIRROR

by [Larry Coudriet](#)

### Step#1: Open Your Mind

After some reflection on the topic of disclosure, I realized that oftentimes the truth is right in front of us, but we block it due to pre-conditioning or fear. Yes, often the real Truth is difficult to hear, as to accept it requires that we reshape our world views or even risk rejection, ridicule and isolation. Are you ready to hear more?

I will first take you through a brief “thought experiment” to illustrate how you may be blocking the truth and could be completely unaware of your pre-dispositions. To begin, I ask that you completely forget all that you have “learned” on the topic to be cited, be it in history books, news stories, documentaries, etc.

Now consider the story of a group of humans who believe themselves to be intellectually and physically superior to others, and further think that to promote an efficient, strong and even beautiful world, that certain “vermin” must be dealt with.

They conceive a plan for “The “Final Solution””. They decide to construct “concentration” camps and gather them up and transport them using “cattle cars” to the camps. In all, some eleven million people were “disposed of”.

Continuing our thought experiment (and you having forgotten your history, as agreed), many of you might respond: “No one would do that to another human being”. And therein, Virginia, lies the problem.

Following is a quote that is often attributed to J. Edgar Hoover which explains it well:

( continued on page 14 )

*“The individual is handicapped by coming face-to-face with a conspiracy so monstrous he cannot believe it exists.*

*The American mind simply has not come to a realization of the evil which has been introduced into our midst. It rejects even the assumption that human creatures could espouse a philosophy which must ultimately destroy all that is good and decent.”*

To continue our “*thought experiment*”, I now ask that you bring your wisdom to a more recent event- the downing of the Twin Towers on 9/11. (As personal background, I am a member of The Engineers and Architects for 911 Truth. I attended their symposium last year on the 9-11 anniversary in NYC. This was a joint meeting with Lawyers for 9-11 Truth, and the keynote speaker was lawyer Danny Sheehan).

Based on my engineering training and the overwhelming evidence, I cannot believe the explanation of the events of that day. Yet,

many (even some enlightened beings of the Pittsburgh Spiritual Community) resist this “*Truth*” because they do not believe that various “governments” would cover up the facts. If you find yourself one of these people who do not believe that such a heinous act could again be thrust upon us, I ask that you consider again. Remember the Holocaust as an example of reality.

## Step#2: Investigate

I find that Kauilapele’s [blog](#) is a great source of “news ideas”. A specific article I found there recently contained the following quote from Preston James of Veteran’s Today.

“The biggest secrets of the Secret Shadow Government (SSG) are the 147 Deep Underground Military Bases (DUMBs) connected by a sophisticated high speed maglev railroad system, and the huge Secret Space War programs of the US Navy and the USAF, able to penetrate deep space with crash-recovered, back-engineered, anti-gravity craft. These Secret Shadow

Government (SSG) programs, along with above-ground secret spy operations, cost an estimated total of between 1.75 and 2.0 Trillion USD per year.

Since our federal budget is about 3.3 Trillion USD, you can understand why the middle class is evaporating by the day, and few have any disposable income”.

## Step#3: Discernment

A terrific source of information and development of discernment are the writings and [blog](#) of Justin DeChamps, entitled “Stillness In The Storm”. (Start reading his [blog](#)...).

On balance, I judge Preston James’ account as accurate, and his example fits in well with the testimony of my “trusted sources” (Corey Goode, David Wilcock, Steven Greer, etc.).

I often compare the information from various authors and whistle blowers to determine what is reasonable, compatible and feels “Truthful”.

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**IN SUMMARY, DISCLOSURE IS ALL ABOUT RECOGNIZING THE TRUTH WHEN YOU SEE IT. THIS REQUIRES A DELICATE BALANCE OF OPEN MINDS, KNOWLEDGE, REASON, DISCERNMENT AND INTUITION. DON'T GET DISCOURAGED, THE TRUTH LIES WITHIN YOU- YOU JUST NEED TO FIND IT.**

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For more about The Law of One, Corey Goode and The Secret Space Program from Larry Coudriet, you may join him at [Site Nite, June 13, 2017 at 7:00 PM](#) at The First United Methodist Church, 5401 Center Avenue Pittsburgh [LCoudriet@verizon.net](mailto:LCoudriet@verizon.net)

